

Equivalent Measures

3 TEASPOONS = 1 TABLESPOON = 1/2 OUNCE

2 TABLESPOONS = 1/8 CUP = 1 OUNCE

4 TABLESPOONS = 1/4 CUP = 2 OUNCES

5 TABLESPOONS + 1 TEASPOON = 1/3 CUP

8 TABLESPOONS = 1/2 CUP = 4 OUNCES

12 TABLESPOONS = 3/4 CUP = 6 OUNCES

16 TABLESPOONS = 1 CUP = 8 OUNCES

1 CUP = 8 FLUID OUNCES = 1/2 PINT

2 CUPS = 16 FLUID OUNCES = 1 PINT

4 CUPS = 32 FLUID OUNCES = 2 PINTS = 1 QUART

8 CUPS = 64 FLUID OUNCES = 4 PINTS = 2 QUARTS = 1/2 GALLON

4 QUARTS = 128 FLUID OUNCES = 1 GALLON

